



May 2024
RSOSC Monthly

NEWSLETTER

thank
you,
Mom 

Important Dates:

May 5 Red Dress Day

Red Dress Day is recognized as a day to remember all the Missing & Murdered Indigenous Women & Girls (MMIWG)

May 12 Mother's Day

RSOSC would like to wish all the incredible, amazing, hardworking, mothers a relaxing, rejuvenating and wonderful Happy Mother's Day!

May 20 CLOSED

The centre will be CLOSED for Victoria Day. We will reopen Tuesday May 21.

May 21 & 22 P. D. day

NO School! The centre will be planning lots of fun activities, and events!



Updates

AGM: Annual General Board Meeting

Thank you to all who attended and participated in our Annual General Parent Board Meeting! Your input, thoughts, and contributions are extremely appreciated.

Many things were discussed and decided on during the meeting. At which time parent board members were elected for the next term. We would like to welcome the following individuals to our Parent Volunteer Board!

Chair: Quentin W.
Vice Chair: Christina G.
Secretary: Melinda D.
Treasurer: Yulduz K.

Director at large: Kristy W.
Director at large: Neilin M.
Director at large: Taylor R.
Director at large: Sharon S.



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RSOSC Staff Appreciation

This month's outstanding achievement award goes to... Denise!

Denise is hardworking and dedicated to her role as an early childhood educator and Program Supervisor. She is kind and friendly with other educators, children & their parents. She does her best to acknowledge their concerns and come up with proactive strategies to support them. Denise is motivated, takes initiative and has great leadership qualities. She was instrumental in helping to plan & organise our Spring Spectacular. We appreciate everything that she does to make the centre a safe and warm environment for everyone. Thank you for all your hard work!

Morning Cut Off Times:

ELC Location:

Richard Secord - 8:10 am
Greenfield/ St. Stanislaus - 8:20 am

RS Location:

Richard Secord - 8:15am
Westbrook/ St. Boniface - 8:00 am

If your child arrives after this time, we cannot guarantee we will be able to walk them to school.

Bring the Right Gear! Stay Warm & Dry!

- Warm Coat
- Toque & gloves
- Sun Hat
- Water Bottle
- SunScreen
- Bug Spray (optional)

We ask that these items are added to your child's backpack.
Thank you!



Tasty Treats! 16 Mother's Day Breakfast Ideas Kids Can Make

[16 Mother's Day breakfast ideas kids can make - Care.com Resources - https://www.care.com/c/mothers-day-breakfast-ideas/](https://www.care.com/c/mothers-day-breakfast-ideas/)



Mother's day is a chance for us to thank our mothers for all they do! From the hugs and kisses, to the food and dishes. They are our biggest cheerleaders and deserve a day of relaxation and spoiling! Here are 16 easy, kid friendly breakfast recipes that you can try making to celebrate the day.

Child Development Tip: Sleep: Helping your children/yourself sleep well

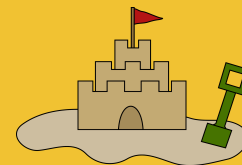
[Sleep: Helping Your Children—and Yourself—Sleep Well \(alberta.ca\) - https://myhealth.alberta.ca/health/pages/conditions.aspx?Hwid=abh0127](https://myhealth.alberta.ca/health/pages/conditions.aspx?Hwid=abh0127)



Children of all ages need plenty of sleep to grow and develop. School-age children may have trouble learning and developing socially if they don't get enough sleep. Children's sleep problems can cause stress for parents, who may worry about their children. Parents also may be awake much of the night trying to get a child back to sleep. Their own lack of sleep can affect parents' focus at work or in school. Here are a few tips and tools on how to help your children and yourself sleep better.

! Summer Break 2024 Survey !

[RSOSC Summer Break Survey \(google.com\)](#)



Please take a moment to fill out the survey to assess your childcare needs for summer break in July - August 2024. Deadline to submit the survey is Friday May 3, 2024. This will enable us to adequately plan and schedule things accordingly for the number of children attending.

We will also be surveying for September 2024 to ensure all our returning families have priority for spots for siblings. After the survey deadline we will be opening registration for the general public and those on our waitlist.

Fundraiser - Thank you So much!! We raised \$606.92



Thank you to all who donated during our Spring Spectacular Concert and our Jenny's Delectable fundraisers. From both events combined we were able to raise \$606.92. All funds raised will go towards our summer programming and craft supplies for the children. Your generosity is extremely appreciated and will be thoroughly enjoyed this summer!

Reminders:



- » If your child will be absent, please ensure you notify the centre in advance. We will expect all children to be attending every day unless notified otherwise.
- » When notifying the centre of your child being sick, **please state what your child's symptoms are to the staff.** As per Alberta Health Services regulation we need to keep a record of what each child is sick with. Children who are reported sick or sent home need to be **24 hours symptom free before returning to the centre.** Thank you.
- » Parents are **NOT** permitted to enter Richard Secord school through the centre's entrance. If you wish to speak with a teacher or pick your child up directly from school, please use the school's main entrance.
- » **Please do not let anyone into the centre.** It is the responsibility of the RSOSC staff to answer the door to ensure we are aware of all the people entering the building.
- » Please ensure to send your child with appropriate clothing for the weather each day. Each child should arrive at the centre every day with clothing appropriate for playing outside in that day's weather.
- » ****As per the Parent Handbook, "a fee of \$2.00 a minute per child will be charged for each minute after 6:00 p.m. that a child remains at the Centre." This is payable directly to the staff members on site.**