



April 2024

RSOSC Monthly

NEWSLETTER

# Important Dates:

### March 29 - April 1 CLOSED

The centre will be CLOSED for Good Friday & Easter Monday. We will reopen Tuesday April 2.

#### April 26 P. D. day

NO School! The centre will be planning lots of fun activities, and events!









Thank you to all the children, families, & volunteers who helped make the 7th Annual Spring Spectacular so incredible!!

The children had so much fun performing and we hope the audience enjoyed it just as much! The fundraiser towards our summer program also went well and the first RSOSC Raffle Draw was a success!



#### Have you moved? Changed Phone Numbers?

We kindly ask that you please update your address, phone number or emergency contacts if any of the information has changed. This helps us to be able to contact you promptly in case of emergencies.

Simply let any RSOSC staff member know and write down your updated information.

Thank you!





This month's outstanding achievement award goes to... Kelly!

Kelly is hardworking & dedicated to her role as an early childhood educator. She is warm and friendly towards the children & has built kind respectful relationships with them. Kelly is eager to participate in activities alongside the children and is a positive role model for them. We are very fortunate to have such a kindhearted, caring and hardworking individual like Kelly on our team. Thank you for all your hard work and everything that you do. Congratulations Kelly!

#### Morning Cut Off Times:

ELC Location: Richard Secord - 8:10 am Greenfield/ St. Stanislaus - 8:20 am

RS Location: Richard Secord - 8:15am Westbrook/ St. Boniface - 8:00 am

If your child arrives after this time, we cannot guarantee we will be able to walk them to school.

#### Bring the Right Gear! Stay Warm & Dry!

- Warm Rain Coat
- Toque & gloves
- Scarf or Neck Warmer
- Splash pants
- Rain/waterproof Boots

We ask that these items are added to your child's backpack. Thank you!

## Tasty Treats! Homemade Vanilla Pudding - Without Eggs

Homemade Vanilla Pudding without Eggs - Lynn's Kitchen Adventures (lynnskitchenadventures.com) https://www.lynnskitchenadventures.com/homemade-vanilla-pudding-without-eggs/

Enjoy this tasty vanilla pudding without eggs! Most diet restrictions can be adjusted with this recipe, and you could even add less sugar for a less sweet taste. Top off the pudding with your favourite topping or eat it plain. This easy recipe is an excellent introduction to baking with children as it doesn't require any heat or electric tools. Just mic, stir and refrigerate! Enjoy!

## Child Development Tip: Using Backpacks Safely

Quick Tips: Using Backpacks Safely (alberta.ca) https://myhealth.alberta.ca/health/pages/conditions.aspx?Hwid=abk0958

Backpacks are handy for carrying books—and lots of other things. But if they're not used right, they can strain muscles and even cause back pain. Backpack safety is important for everyone. It's especially important for children, who can be hurt by regularly carrying too much weight or by not wearing their backpacks safely. Here are a few health tips for how much a child should carry in a bag or backpack regularly.

Fundraiser: Jenny's Delectables



The centre will be offering Jenny's Delectables again for our annual fundraiser. Jenny's Delectables order forms will be handed out and given to parents or given upon request. The deadline to submit your order forms is Friday April 5, 2024. The forms can be given to any of our staff members once they are completed. The payment for your order is required when you drop off your form. Cash or Cheque is accepted, and cheques can be made out to RSOSC. The Expected Delivery date for all the orders is Tuesday April 23, 2024.

## Parent Board Annual General Meeting (AGM)

## Date: April 2024, Date & Time TBD



The Board of Directors is composed of parent volunteers from our child care program who meet once a month to help give guidance and direction for the centre through policy development, financial planning and strategic planning.

All parents/guardians of children registered at the center automatically become members of RSOSC and have a right to vote at any board meeting. Parents/guardians are encouraged to join the board, attend the monthly board meetings and the Annual General Meeting (AGM) to take part in running RSOSC. The AGM is when the board of Directors governing RSOSC will be elected or re-elected for the next term year. The AGM is held every April to elect in a new board

The 4 executive positions must be filled for our center to remain open and function normally. They are the Chair, Vice-Chair, Secretary and Treasurer. We also have up to 4 Director at Large positions that assist in these responsibilities.

Most of the current parent board is able to be re-elected for the next term year. Although any parent who has a child at the centre is eligible to nominate themselves or another parent from RSOSC for any position on our board of directors. A Director at Large position will be available this year, although all positions are open for nomination to parents/guardians interested in helping shape and run RSOSC.

If you are interested in nominating yourself or another RSOSC member for a position on the Parent board, please email our Executive Director at <u>rsosc@telus.net</u>.

For more information check out our website: Parent Volunteer Board | Rsosc

Please keep a close watch on your email as more detailed information will be sent out soon.

## Summer Break 2024 Survey

#### RSOSC Summer Break Survey (google.com)



Please take a moment to fill out the survey to assess your childcare needs for summer break in July -August 2024. This will enable us to adequately plan accordingly for the number of children attending.

We are looking to assess the expectations our families have for our summer program to allow us adequate time to plan and budget accordingly. We will also be surveying for September 2024 to ensure all our returning families have priority for spots for siblings.

## Reminders:



\* If your child will be absent, please ensure you notify the centre in advance. We will expect all children to be attending every day unless notified otherwise.

\* When notifying the centre of your child being sick, **please state what your child's symptoms are to the staff**. As per Alberta Health Services regulation we need to keep a record of what each child is sick with. Children who are reported sick or sent home need to be **24 hours symptom free before returning to the centre.** Thank you.

\* Parents are <u>NOT</u> permitted to enter Richard Secord school through the centre's entrance. If you wish to speak with a teacher or pick your child up directly from school, please use the school's main entrance.

\* <u>Please do not let anyone into the centre.</u> It is the responsibility of the RSOSC staff to answer the door to ensure we are aware of all the people entering the building.

\* Please ensure to send your child with appropriate clothing for the weather each day. Each child should arrive at the centre every day with clothing appropriate for playing outside in that day's weather.

\*\*As per the Parent Handbook, "a fee of \$2.00 a minute per child will be charged for each minute after 6:00 p.m. that a child remains at the Centre." This is payable directly to the staff members on site.